

“THE COASTERS”

WALKING FOR PLEASURE - New Walkers Welcome

Date: Jan 2024 - June 2024

DATE	CONNECTION POINT	LENGTH & GRADE	ROUTE	LEADER
9 Feb 2024	8:35 am Circular Quay Outside Wharf 4 Ferry 8:50 am	5 km Some stairs EASY	Taronga Zoo to Cremorne Point	Kathy Leviton 0409 032 933
23 Feb	8:50 am Circular Quay Outside Wharf 4 Ferry 9:07 am	6 km EASY	Meadowbank to Rydalmere Paramatta River walk	Debbie Hankey 0414 911 420
8 March	9:15 am Bondi Junction Meet near Stand A Bus 333 at 9:35 am	6 km Stairs MEDIUM	Bondi to Coogee	Connie Barone 0419 607 328 Judy Durante 0413 543 877 Kay King- 0425323482
22 March	9:15 am Central Station Meet at Eddy Ave Flower Shop	4 km EASY	The Goods Line & Darling Harbour Chinese Gardens (\$8 seniors entry fee)	Kathy Leviton 0409 032 933
5 April	8:55 am Circular Quay Outside Wharf 4 Ferry 9:10 am	5 km Stairs and bush paths MEDIUM	Warriewood to Narrabeen	Debbie Hankey 0414 911 420
19 April	9:15 am Circular Quay Outside Wharf 4	3 km Or 6 km return EASY	Circular Quay to Wendy Whiteley Garden (optional return)	Kathy Leviton 0409 032 933
3 May	9.05 am Wynyard Bus terminal Stand A - Carrington Street Bus 173X at 9.15 am	10 km Uneven bush paths & stairs HARD	Spit to Manly	Kathy Leviton 0409 032 933
17 May	9:35 am Circular Quay Outside Wharf 4 Ferry 9:50 am	4 km Stairs + hills MEDIUM	Quarantine Station North Head	Debbie Hankey 0414 911 420
31 May	9 am Central Station Meet at Eddy Ave Flower Shop Train 9:15 am	8 km EASY	Woy Woy to Blackwall ramp (return) with optional pub lunch	Debbie Hankey 0414 911 420
14 June	9 am Central Station Meet at Eddy Ave Flower Shop Train 9:15 am	7.5 km Some stairs EASY	Kings Cross to Barangaroo Reserve (early exits)	Debbie Hankey 0414 911 420
28 June	8:30 am Circular Quay Outside Wharf 4 Ferry 8:47 am	11 km Few stairs EASY	Cabarita to Chiswick	Elaine Chee 0432 483 988 Yok Hah- 0404 048 688 Sally Ong- 0425 260 874

- Wet weather arrangements – SMS or call leader if unsure whether walk going ahead

- PRE BOOK into the walk, preferably by a message on the Coasters WhatsApp group, alternatively SMS the leader.
- Group size is limited, only book if you know you are definitely coming (illness, or unexpected disaster aside).
- Walk will be cancelled or changed if impacted by weather or conditions of the track– check with leader if unsure.
- Meet at “CONNECTION POINT” in schedule above; if you want to meet elsewhere please arrange with leader.
- Contact with positive COVID or FLU case in the past 7 days, a sniffle, sore throat etc prohibits attendance.
- Sign in at the start of the walk with your contact details.