



SENIORS INC NEWS SHEET

January 2024

2024 : It's our 30th Birthday!
Celebrate with us!

Spanish **FIESTA!** Party.-Thursday 29th February
Tickets - \$25 4.30 to 6 pm in the North Hall

"All about Summer"

An exhibition by the Wednesday Art Group
From the Coast Centre, Little Bay.

SHOW EXTENDED UNTIL 28 FEBRUARY
All works are for Sale

Art work by Helen Fatouros

At the Bendigo Community Bank, Clovelly.

222-226 Clovelly Road, Coogee NSW.

18 artists and 30+ art works

TAKE A LANGUAGE COURSE IN 2024 AND NOTICE YOUR MEMORY IMPROVE

Studying a foreign language is known to sharpen brain functioning

In 2024 the Centre will have
Spanish on Mondays
Italian on Tuesdays
French on Tuesdays and Fridays

New Terms and Conditions for Language classes include \$110 for 10 classes per fixed Term for Spanish Beginners & Conversation and Italian Beginners and Conversation French Intermediate and Italian Intermediate. \$30 for 4 classes or \$8.50 cash per class

SINGING MASTERCLASS

LITTLE BAY



JANUARY 22ND
JANUARY 23RD
JANUARY 24TH
JANUARY 25TH



10:30AM
1:30PM

JOSEPH RASO

SINGING/VOCAL TEACHER

JOIN NOW

Call: 0468422156
Email: info@josephrasovocalcoach.com
Website: www.josephrasovocalcoach.com



Membership Renewals for 2024 Due Jan 1 - \$33

Membership Renewals can be paid by EFT

Put your NAME in the Reference Box

Bank Details - Account Name: Little Bay Coast Centre for Seniors Inc
BSB 062 198 - Account Number 2800 1288

Join a New Art Class

Watercolour en plein air artist Michael Braden

Starting Monday February 5 : 10am - 12pm

\$15 or voucher per class



Administration: 2 Curie Ave, opposite Corner Pine Avenue & Ewing Avenue, Little Bay
T: (02)9311 4886 - E: admin@coastcentre.org.au - Web: www.coastcentre.org.au
Hours: 9am - 4pm - Monday to Friday

Here are 7 trips in 2024!

Pittwater/ Palm Beach and Patonga



Tuesday 13 February - Cost Ferry to Patonga one way \$7.35 Concession Fare - \$30 Bus return
Lunch at your own cost

Wollongong - via Stanwell Tops Lookout



Flagstaff Hill Lookout, Wollongong Market and Art Gallery (optional)
Friday 15 March - Cost \$40 Bus only

Manly and North Head



Tuesday 2 April Cost \$30 Bus only

Canberra & Parliament House



Day & Date TBC - Cost \$80 Bus only

Katoomba



Tuesday 21 May - Cost \$40 Bus only

Georges River Lunch Cruise



Thursday 13th June - \$75 includes bus and lunch

Uluru



Sunday June 9 - Friday June 14

Enquire on availability : manager@coastcentre.org.au