

SENIORS INC **NEWS SHEET**

January 2024

2024: It's our 930th Birthday!

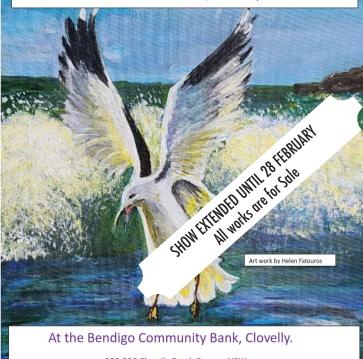
Celebrate with us!

Tickets - \$25

Party.-Thursday 29th February 4.30 to 6 pm in the North Hall

"All about Summer"

An exhibition by the Wednesday Art Group From the Coast Centre, Little Bay.



222-226 Clovelly Road, Coogee NSW.

18 artists and 30+ art works

Membership Renewals for 2024 Due Jan 1 - \$33

Membership Renewals can be paid by EFT Put your NAME in the Reference Box Bank Details - Account Name: Little Bay Coast Centre for Seniors Inc BSB 062 198 - Account Number 2800 1288

TAKE A LANGUAGE COURSE IN 2024 AND **NOTICE YOUR MEMORY IMPROVE**

Studying a foreign language is known to sharpen brain functioning

Registrations Open Now

In 2024 the Centre will have Spanish on Mondays Italian on Tuesdays French on Tuesdays and Fridays

New Terms and Conditions for Language classes include \$110 for 10 classes per fixed Term for Spanish Beginners & Conversation and Italian Beginners and Conversation French Intermediate and Italian Intermediate. S30 for 4 classes or S8.50 cash per class



Join a New Art Class

Watercolour en plein air artist Michael Braden Starting Monday February 5: 10am - 12pm \$15 or voucher per class



Here are 7 trips in 2024!

Pittwater/ Palm Beach and Patonga



Tuesday 13 February - Cost Ferry to Patonga one way \$7.35 Concession Fare - \$30 Bus return Lunch at your own cost

Wollongong - via Stanwell Tops Lookout



Flagstaff Hill Lookout, Wollongong Market and Art Gallery (optional)
Friday 15 March - Cost \$40 Bus only

Manly and North Head



Tuesday 2 April Cost \$30 Bus only

Canberra & Parliament House



Day & Date TBC - Cost \$80 Bus only

Katoomba



Tuesday 21 May - Cost \$40 Bus only

Georges River Lunch Cruise



Thursday 13th June - \$75 includes bus and lunch

Uluru



Sunday June 9 - Friday June 14