

“THE COASTERS”

WALKING FOR PLEASURE - New Walkers Welcome

Date: July 2023 - Jan 2024

DATE	CONNECTION POINT	LENGTH & GRADE	ROUTE	LEADER
7 July 23	9:20 am Circular Quay Outside Wharf 4 Ferry 9:37 am	3 km circuit Some stairs MEDIUM	Cockatoo Island (optional \$6 self guided audio tour – card pmt only, BYO headphones)	Kathy Leviton 0409 032 933
21 July	9 am Central Station Meet at Eddie Ave Flower Shop Bus 9:18 am	5 km EASY	Exploring Glebe & Jubilee Park Blackwattle Bay	Debbie Hankey 0414 911 420
4 August	8:50 am Central Station Meet at Eddie Ave Flower Shop Train 9:05 am	8 km Bush trails MEDIUM	Two Creeks Walk Roseville Bridge Return walk	Debbie Hankey 0414 911 420
18 August	9:10 am Central Station Meet at Eddie Ave Flower Shop Train 9:25 am	5 km EASY	Narranginy Reserve & Chinese Gardens Doonside	Debbie Hankey 0414 911 420
1 Sept	9 am Central Station Meet at Eddie Ave Flower Shop Train 9:20 am	5 km - EASY Optional extra 1.5 km - HARD	Kuringai Wildflower Garden - St Ives	Kathy Leviton 0409 032 933
15 Sept	9 am Wynyard Stand B Carrington St Bus 9:15 am	6 km Some hills MEDIUM	Long Reef Headland	Debbie Hankey 0414 911 420
29 Sept	9:10 am Central Station Meet at Eddie Ave Flower Shop Train 9:27 am	6 km EASY	North Wollongong Botanic Garden	Kathy Leviton 0409 032 933
13 Oct	9:30 am Central Station Meet at Eddie Ave Flower Shop Light Rail to Kensington 9:43 am	10 km Early exits EASY	Botany Bay foreshore walk to San Souci Point Return	Debbie Hankey 0414 911 420
27 Oct	9 am Wynyard Stand B Carrington Street Bus 9:15 am	9 km EASY	Narrabeen Lake Circuit	Kathy Leviton 0409 032 933
10 Nov	9 am Town Hall Stand K (near intersection of Pitt & Park St) Bus No 503 at 9:17 am	7 km EASY	The Bay Walk	Elaine Chee 0432 483 988 Yok Hah - 0404 048 688 Sally Ong- 0425 260 874
24 Nov	8:55 am Central Station Meet at Eddie Ave Flower Shop Light Rail to Juniors Kingsford 9:11 am	6 km Bush Trails MEDIUM	Henry Head Trail La Perouse	Connie Barone 0419 607 328 Judy Durante 0413 543 877
8 Dec	Meet at Coogee Beach Venue TBA MIDDAY	LUNCH	End of year celebration Coogee Beach Venue TBA	Kathy Leviton 0409 032 933
9 Feb 2024	8:35 am Circular Quay Outside Wharf 4 Ferry 8:50 am	5 km Some stairs EASY	Taronga Zoo to Cremorne Point	Debbie Hankey 0414 911 420

- Wet weather arrangements – SMS or call leader if unsure whether walk going ahead

- PRE BOOK into the walk, preferably by a message on the Coasters WhatsApp group, alternatively SMS the leader.
- Group size is limited, only book if you know you are definitely coming (illness, or unexpected disaster aside).
- Walk will be cancelled or changed if impacted by weather or conditions of the track– check with leader if unsure.
- Meet at “CONNECTION POINT” in schedule above; if you want to meet elsewhere please arrange with leader.
- Contact with positive COVID or FLU case in the past 7 days, a sniffle, sore throat etc prohibits attendance.
- Sign in at the start of the walk with your contact details.