

# SENIORS INC NEWS SHEET

April 2023

Thursday 27 April Leaving Little Bay at 8.30am for wine tasting, dining, shopping and historic place viewing in Berrima



Cost \$45 per person,  
(includes tasting  
experience)



ROCKY ROAD FESTIVAL - all week -  
Monday 3rd to Thursday 6th  
Every Class receives some chocolate to share

## GOGGLEBOX AUSTRALIA

Vibrant Seniors Wanted

Gogglebox is looking for vibrant seniors

Check out the details in the link below.

[Gogglebox.Casting@endemolshine.com.au](mailto:Gogglebox.Casting@endemolshine.com.au)

Endemol Shine Australia is conducting ongoing casting for the cult TV series, **Gogglebox** and are always on the hunt to find engaging, witty and warm people who love everything about TV and want to share their views with Australian Audiences.



*If this sounds like you,  
please contact the Casting Team*

**[Gogglebox.Casting@endemolshine.com.au](mailto:Gogglebox.Casting@endemolshine.com.au)**



**Tuesday April 25**



**\$5 ALL DAY BBQ - MONDAY 24TH APRIL**  
from 11am til we're Sold Out  
Location? Follow the smoke  
Breakfast, Lunch and arvo Tea



**DIGITAL PHOTOGRAPHY**



## CAPE BANKS FAMILY HISTORY



Presents

'Pine Gap - Close to God's Ear'  
by David Rosenberg

In the Frangipani Room @ The Coast Centre  
April 15 - 1:30 - 3:30

RSVP to [secretary@capebanks.org.au](mailto:secretary@capebanks.org.au) or  
Ph 0422 275 171 to book a place

## Yoga with Josie

Thursdays 7:30am

\$20 per session  
or our voucher  
books of 10 for  
\$105



## CAPE BANKS FAMILY HISTORY



Presents

**Family History Beginners' Workshop**

April 29 - 11am - 1pm

Bookings are essential email - [secretary@capebanks.org.au](mailto:secretary@capebanks.org.au)



**FFF \$5**

**FUNNY FILMS ON FRIDAYS FOR FIVE DOLLARS**

"Groundhog Day" - Friday 14th April

"Clueless" - Friday 21st April

with new volunteer - Deanna Nichols

**FUNNIEST MOVIES OF ALL TIME**



## WhatsApp

WhatsApp is a free messaging App for Mobile Phones. We'll be using it more and more in coming months to message Class Groups.



**WhatsApp**

To get ready to be connected with your Class(es) using this App, download it now (it's free) and Turn it on.

Once you've done that send the Manager, Linda a text message to 0409 743 166 with a note of your name and Class name(s). Linda will then set up a WhatsApp Group for your class. Stand by for more.

If you're not certain about doing this, book in at Reception for a one on one lesson with Peter Bailey (Tuesdays) or Peter Geer (Thursdays) to learn how and more.