

“THE COASTERS”

WALKING FOR PLEASURE - New Walkers Welcome

Date: Jan 2023 - July 2023

DATE	CONNECTION POINT	LENGTH & GRADE	ROUTE	LEADER
3 Feb	8:55 am Circular Quay Meet outside Wharf 4 Ferry 9:10 am	6 km Uneven paths/ stairs MEDIUM	North Head sanctuary/ Shelly Beach/ Manly Wharf	Debbie Hankey 0414 911 420
17 Feb	9 am Wynyard Meet Stand G - York St Bus 9:17 am	3 km Uneven paths/ stairs MEDIUM	Hermitage Walk Vaucluse	Kathy Leviton 0409 032 933
3 March	9:05 am Central Station Meet Eddie Ave Flower Shop Train 9:20 am	7.5 km EASY	Cronulla Peninsula	Debbie Hankey 0414 911 420
17 March	9:30 am Bondi Junction – East end of the Mall at Grosvenor Street	6.5 km EASY	Cooper Park (Bellevuehill) to Darling Point Wharf	Connie Barone 0419 607 328 Judy Durante 0413 543 877
31 March	8:50 am Central Station Meet Eddie Ave Flower Shop Train 9:05 am	5 km Bush toilets and trail MEDIUM	Cascades Trail Davidson	Kathy Leviton 0409 032 933
14 April	9:10 am Central Station Meet Eddie Ave Flower Shop Train 9:27 am	8 km Option for early exits EASY	Thirroul to Corrimal	Debbie Hankey 0414 911 420
28 April	9:30 am Central Station Meet Eddie Ave Flower Shop Tram 9:47 am	3 km EASY	VIP 90 th Birthday Party Centennial Park	Kathy Leviton 0409 032 933
12 May	8:35 am Central Station Meet Eddie Ave Flower Shop Train 8:50 am	6.5 km Return walk MEDIUM	Kamay Botany Bay N.P. Kurnell	Debbie Hankey 0414 911 420
26 May	9:15 am Clarence Street Meet Stand S (between Margaret and Erskine St) Bus 9:33 am	5 km Bush trail EASY	Harold Reid Reserve Middle Cove	Kathy Leviton 0409 032 933
9 June	9 am Central Station Meet Eddie Ave Flower Shop Train 9:18 am	8 km EASY	Bridge to Bridge Penrith	Debbie Hankey 0414 911 420
23 June	9:20 am Circular Quay Meet outside Wharf 4 Ferry 9:37 am	8 km EASY	Olympic Park Wharf to Concord West Station	Kathy Leviton 0409 032 933

- Wet weather arrangements – SMS or call leader if unsure whether walk going ahead

- PRE BOOK into the walk, preferably by a message on the Coasters WhatsApp group, alternatively SMS the leader.
- Group size is limited, so only book if you know you are definitely coming (illness, or unexpected disaster aside).
- Walk will be cancelled or changed if impacted by weather or conditions of the track– check with leader if unsure.
- Meet at “CONNECTION POINT” in schedule above; if you want to meet elsewhere please arrange with leader.
- If you have been in contact with a positive COVID or FLU case in the past 7 days, have a sniffle, sore throat etc you cannot do Coasters walk that week.
- Sign in at the start of the walk with your contact details.