

“THE COASTERS”

WALKING FOR PLEASURE - New Walkers Welcome

Date: Jan 2022 - June 2022

DATE	CONNECTION POINT	LENGTH & GRADE	ROUTE	LEADER
4 Feb 22	9:15 am Circular Quay outside Wharf 4 Ferry at 9:30 am	9 km Early exits EASY	Manly to Forty Baskets return	Debbie Hankey 0414 911 420
18 Feb	9:05 am Central Station meet at Eddie Ave Flower Shop Train at 9:20 am	9 km EASY	Lime Kiln Bay	Debbie Hankey 0414 911 420
4 March	9:05 am Circular Quay outside Wharf 4 Ferry at 9:20 am	6 km uneven paths/stairs MEDIUM	Zoo to Clifton Gardens	Debbie Hankey 0414 911 420
18 March	9:05 am Central Station meet at Eddie Ave Flower Shop Train at 9:24 am	4.5 km uneven surfaces MEDIUM	Lane Cove River Park walk (return by bus to Chatswood)	Kathy Leviton 0409 032 933
1 April	9:05 am Central Station meet at Eddie Ave Flower Shop Train at 9:23 am	6 km EASY	Cooks River Tempe to Canterbury	Debbie Hankey 0414 911 420
15 April	GOOD FRIDAY – NO WALK			
29 April	8:50 am Stand B Wynyard Bus B1 at 9:07 am (followed by Bus 199)	5 km short steep hill MEDIUM	Barrenjoey Lighthouse	Kathy Leviton 0409 032 933
13 May	8:50 am Circular Quay outside Wharf 4 Ferry at 9:07 am	9 km EASY	Concord Foreshore: Cabarita Wharf to Rhodes Station	Kathy Leviton 0409 032 933
27 May	9:05 am Central Station meet at Eddie Ave Flower Shop Train at 9:20 am	5 km uneven bush paths/stairs MEDIUM	Railway to River (Ferndale track) Chatswood West	Kathy Leviton 0409 032 933
10 June	9:10am Central Station meet at Eddie Ave Flower Shop Train at 9:39am	5km uneven bush paths/stairs MEDIUM	Sheldon Forest Turrumurra	Connie Barone 0419 607 328 -and- Kay King 0425 323 482
24 June	9:20 am Town Hall stand K (near intersection Pitt & Park) Bus No 503 at 9.34am	7km EASY	The Bay Walk	Kathy Leviton 0409 032 933

Wet weather arrangements – SMS or call leader**COVID SAFE REQUIREMENTS:**

- 1) PRE BOOK into the walk, preferably by a message on the Coasters WhatsApp group, alternatively SMS the leader.
- 2) Group size is limited by the Covid restrictions on the day, so only book if you know you are definitely coming (illness, or unexpected disaster on the day aside).
- 3) Vaccination certificate to have been sighted by walk leader where required by NSW health requirements.
- 4) Walk location will be changed if impacted by a Covid hotspot– check with leader if you are unsure.
- 5) Meet at “CONNECTION POINT” in schedule above; if you want to meet elsewhere please arrange with leader.
- 6) Maintain social distancing on the walk.
- 7) BYO mask and hand sanitizer.
- 8) If you have been in contact with a positive COVID case in the past 14 days, have a sniffle, sore throat etc you cannot do Coasters walk that week.
- 9) Sign in at the walk with your contact details for contact tracing.