



**SENIORS INC** (aka The Little Bay Coast Centre)

# NEWS SHEET

**April 2021**

## Harry's Watercolour Class

A new Show in our Wattle Room Gallery all through April. This show features delicate Australian Flora and Fauna like this Kingfisher by Vera and Flowering Gum by Mary.



**Harry's  
Class is  
every  
Tuesday  
between  
10 and 12.**



Bring your own  
IPAD  
or tablet  
or just join us

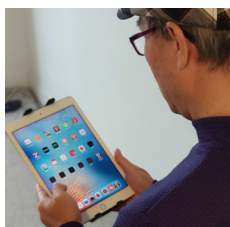


**INTRODUCTION  
TO IPAD  
WORKSHOP**

**19APR  
1-3PM**

### HIGHLIGHTS

- Basic setup for your IPAD
- Folder and Icons set up
- Apple ID and iCloud set up
- How to activate Siri



FOR MORE INFORMATION, CONTACT SENIORS INC (02)9311-4886

**April 25** *"lest we forget"*  
*"They shall not grow old, as we that are left grow old,  
 Age shall not weary them nor the years condemn,  
 At the going down of the sun and in the morning,  
 We shall remember them"*

## Classical Concert in the Cottage Friday April 16 - 2pm

At last after a 12 month COVID delay, the Centre is proud to be able to present a Concert of classical pieces by CPE Bach, Telemann and Marcello, performed by a dedicated quartet of players from nearby suburbs.

**Entry \$5**

### The Program will be :

C.P.E. Bach, Trio-sonata in Bm for flute, violin, cello and harpsichord.

G.P. Telemann, Trio-sonata in Am for flute, violin, cello and harpsichord.

### \*\* Interval 10 min

B. Marcello, Sonata for flute and cello in Gm

C.P.E. Bach, Trio-sonata in Dm for flute, violin, cello and harpsichord.

### Performed by:

Alex Chervonsky, flute

Tassia Kolesnikow, violin

Jane Grim, cello

Peter Nickolas, harpsichord



## NEXT HEARING TESTS Tuesday 4 May

 **Hearing Australia**



Administration: 2 Curie Ave, opposite Corner Pine Avenue & Ewing Avenue, Little Bay  
 T: (02)9311 4886 - E: admin@coastcentre.org.au - Web: www.coastcentre.org.au  
 Hours: 9am - 3pm - Monday to Friday

# Italian Classes

Mondays - 9:15 - 10:45 - Intermediate  
 - 11:00 - 12:30 - Continuers  
 - 1:00 - 2:30 - Beginners

Teacher: Dan Borgo Carratti

\$10 per Class  
 Less with Vouchers



## Fashion Parade - Friday 7 May

10 for 10.30am

**Stafford Fashions  
 presents a  
 New Season Show**

Tickets \$10  
 Includes Morning Tea



# Spanish Classes

Mondays - 10:30 - 12:00 - Beginners  
 - 12:30 - 2:00 - Next Step

Teacher: Marilo  
 \$10 per Class



**Monday 19th April to Monday 28 June  
 Check with Reception for Fees Payable**

## Raffle, Raffle, Easter Raffle

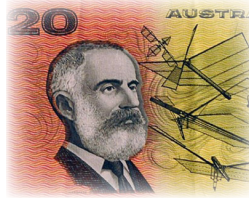
Our Bumper Easter Raffle was a great success raising \$418. Thank you to everyone who bought tickets.

Winners were drawn  
 Wednesday 31 March.

The 1st Prize Easter Cake was won by Christine Browne with Sandra Walker and Colleen Matheson winning 2nd and 3rd Prizes of Lions Puddings.



## Famous but overshadowed, Australians: A New Series



### Lawrence Hargrave

Presented by Guest Speaker,  
 Retired RAAF serviceman  
 and U3A speaker,  
**CHRIS BEAZLEY**

**Thursday 22 April 10am to midday, Entry \$5.**

Guest Speaker, and Coast Centre member Chris Beazley will talk about some of Hargrave's work.

Lawrence Hargrave is best known to many Australians as the man on the \$20 note. However, during his lifetime, 1850-1915, Lawrence Hargrave was an explorer, astronomer, historian, cartographer, mechanical engineer and practical inventor.

Key among Lawrence's achievements were his explorations of New Guinea, experimentations with flying machines and interpretations of local rock carvings indicating the Spanish were here 200 years before Captain Cook.

Hargrave is significant for his exploration work in the Torres Strait and New Guinea. In 1876, he mapped the Fly River.

He also contributed to the study of astronomy with his development of adding machines to assist Sydney Observatory in their calculations.

He similarly researched and wrote on Australian history and was an early proponent for the establishment of a bridge across Sydney Harbour.

While no single individual can be attributed to the invention of the aeroplane, Hargrave belonged to an elite body of scientists and researchers whose experiments and inventions paved the way for the first powered, controlled flight achieved by the Wright Brothers on December 17, 1903.

Starts April 14

## New DANCING IN A CHAIR with Tanya

**Wednesdays 9:30 \$10 per class or Voucher**

Benefits include an increase in cardiovascular endurance, similar to that achieved in standing classes, as well as improved memory, balance and social well-being.

Chair Dancing is safe for most individuals with mobility impairments, poor balance, or extra weight who may experience pain or a fall in a standing classes.

**No dance  
 experience needed.**

