



SENIORS INC (aka The Little Bay Coast Centre) NEWS SHEET

February 2021

HAPPY LUNAR NEW YEAR FOR THE YEAR OF THE OX

Enjoy the celebrations from 12 to 26 February by observing Covid Safe practices.
Stay COVID 19 safe while at the Centre. Wear a mask on arrival and departure.
Sanitise your hands on arrival and stay 1.5 metres apart.

CHINESE ZODIAC
Year of the Ox



STUNNING NEW SHOW *Lionel Bowen Library, Maroubra*

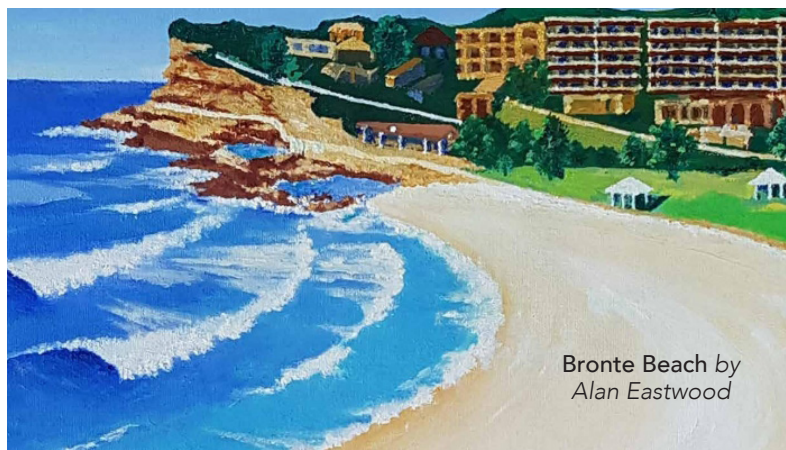
The Centre's Wednesday Art Class has a new show at the Library for the entire month of February.

Artist and Committee member *Lindsay Harden* with teacher *Teresa Castellanos* have worked with City Librarian, *Christine Brennan* to put on a show of 50 works by 19 artists.

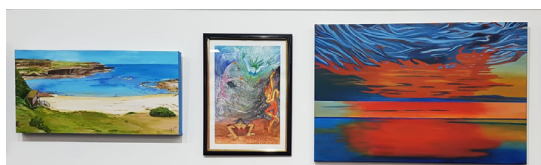
The show is entitled **COASTAL INSPIRATIONS**

The works are in various mediums from oils on canvas, acrylics on canvas and watercolours, to block prints and mixed media on paper.

COASTAL INSPIRATIONS

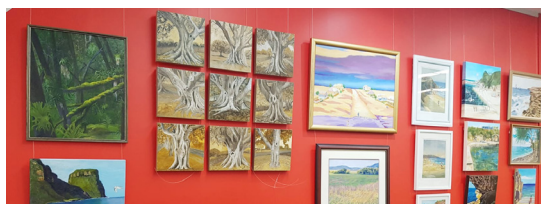


Bronte Beach by
Alan Eastwood



**To see the show visit Randwick Library during opening hours.
It will be well worth your while.**

Show Curator :
Teresa Castellanos



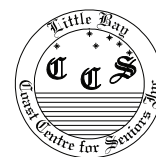
THE CENTRE NEEDS A DAZZLING LOGO

Calling all members, artists or otherwise, to come up with a brand new logo for the Centre. The Centre doesn't have a logo as such. Different images have been used over the years for different purposes and there is an image that serves as a 'badge' or 'crest'. However, if you compare that image alongside Randwick Council's logo you will see the Centre is a little behind the times and needs a logo that is striking, exudes vibrancy, is immediately recognisable and conveys pride in being a member and pride in being a senior.

Entry Forms for this Competition can be found on our website and also in hard copy from Reception. Entering this Competition will cost you \$50.

Formal Entries are essential

Entries will be judged by a panel of independent professionals from the world of advertising and design. The creator of the best design will receive a Gift Package valued at \$500.



Membership renewals are due now. Please renew prior to 31 March. Memberships lapse on 1 April.



Administration: 2 Curie Ave, opposite Corner Pine Avenue & Ewing Avenue, Little Bay
T: (02)9311 4886 - E: admin@coastcentre.org.au - Web: www.coastcentre.org.au
Hours: 9am - 3pm - Monday to Friday

Resignation of new President

Sadly, new President Roger Byrnes developed some serious health setbacks in December. As a consequence he has resigned from the Committee. The Committee met on Thursday, January 28 to accept Roger's resignation with regret.

As is custom, the Vice President will fill that role until the next Annual General Meeting. As members would know, Robina Beard OAM was elected Vice President at the AGM in October 2020. Robina will now be Acting President until the next AGM. If matters arise that present any Conflict of Interest for Robina, she has acknowledged she will absent herself from discussion and decision making on those matters in accordance with the Centre's new Conflict of Interest Policy adopted on Thursday January 28 2021.

We send our best wishes to Roger and his wife Patricia and wish Roger a full and speedy recovery.

Meanwhile, all other members of the Committee have accepted their roles with enthusiasm and are keen to make sure 2021 is another great year.

New Committee members from left to right:
Lindsay Harden, Leela Hanson, Judith Mood, Neville Berger

Also new to the Committee this year is Bettina Muscnik. Deborah Cradick is also on the Committee having been re-elected for a 2nd term in October 2020.



Roger Byrnes, Robina Beard (VP)
Helen Fatouros (Secretary) Peter Bailey (Treasurer)



Some Changes to Class times and days

1. Folk Art is now on Fridays 10 - 12
2. Choir is returning on Wednesday February 3
3. Spanish Classes are now on Mondays
4. A new Italian Class for Beginners - Monday arvo
5. Table Tennis Wednesdays - earlier set up 10.30am

More Inspirations from the Sea and Water(colour)

Watch this page for news soon about two more exciting art shows from Coast Centre artists.

Mary van Den Berk's class has been creating 3 dimensional works inspired by the power of the ocean and marine life. An exhibition of the works will be installed at the Centre soon.

Amanda Doctor's watercolour class, now on Tuesday afternoons is also putting an exhibition together for a Gallery show soon.

CHALLENGE FOR APRIL 2021

**Introduce 1 New member by
21 April and receive 5 x \$10 vouchers**

**Introduce 2 New members by
21 April and receive 10 x \$10 vouchers**

**Introduce 3 New members by
21 April and receive 15 x \$10 vouchers**

Introducing our new Newsletter feature MY FAVOURITE

Each month you're invited to submit your favourite recipe for that Month's topic.

Outstanding Recipe Entries will earn a Prize and may even end up in a Cook Book !

This month it's Valentine's Day.

My favourite Valentine's Day Recipe is :
WATERMELON DAIQUIRI



Ingredients:

Watermelon
White Rum
Limes



VALE CAROLYN HASHIMOTO

Lovely Carolyn, one of the Centre's *Walking for Pleasure* leaders died suddenly late last year. To honour Carolyn's memory the *Walking Group* will retrace one of Carolyn's favourite Walks on Friday 12 February. That walk is the spectacular track from Bondi Beach to Clovelly Beach. A new Walks Program is available now and will be on our website soon. Email admin@coastcentre.org.au for a copy.