



SENIORS INC (aka The Little Bay Coast Centre)

NEWS SHEET

November 2020

Trivia Quiz

Nov 11

11:15 am



This quiz will pay respects on Remembrance Day to the memory of Australians, fallen in combat and recall fond memories of things past and present in film.

The morning will include
Raffle Prizes and Surprises

Catering is BYO (COVID Precautions Always)



Tickets \$5.00

ONLY 60 SEATS



Jim Haynes MC



THANK YOU TO THE PLANT STALL TEAM

Shirley Harding - Lee Barwick - Bev Ormsby
Deborah Cradick
The stall raised over \$500



Tanya from *Mind, Movement and Dance*, is starting her faster paced DANCERCISE class on Wednesday November 4 at 10.30am

RESISTANCE TRAINING WITH MANAL

Thursdays 12:00

Mondays 10:00



OUR NEW SPANISH CLASSES

with Marilo

Thursday -Beginners Class

9:30 - 10:30

Next Step Class

10:30 - 11:30

Marilo will email
teaching materials
to students once
fees are paid.

\$10 per session
via PrePaid
Voucher



TABLE TENNIS 3 TIMES A WEEK from 12.30

Tuesdays - fully booked
Wednesdays - bookings available
Thursdays - bookings available

1st game each week - \$7.50 or voucher (\$6)

2nd game in the week - \$3

3rd game in the same week - \$3



Administration: 2 Curie Ave, opposite Corner Pine Avenue & Ewing Avenue, Little Bay
T: (02)9311 4886 - E: admin@coastcentre.org.au - Web: www.coastcentre.org.au
Hours: 9am - 3pm - Monday to Friday



We Serve

**Lions
Christmas Cakes
and Puddings
on Sale at the Centre**
1kg Cakes - \$13
1.5kg Cakes - \$17
Puddings - \$13



**We're now
collecting donations
of Christmas treats
for the
EOY Raffle Prizes.**
Your donation can be
dropped at Reception.

lionsaustralia
we serve



THE WEDNESDAY'S ART GROUP
AT THE COAST CENTRE
END OF YEAR EXHIBITION

The Art behind the Mask

WEDNESDAY 18 NOVEMBER
TILL
WEDNESDAY 16 DECEMBER 2020

AT THE COAST CENTRE GALLERY
LITTLE BAY
2 CURIE AVENUE,
LITTLE BAY, NSW, 2036



LET'S PROFILE

A Workshop for the
WEDNESDAY ART GROUP

Wednesday - November 4

\$40pp

EOY LUNCHEON
Monday - December 14



Yarra Bay Sailing Club
Yarra Bay Road, Phillip Bay.

MEGA RAFFLE
SPECIAL GUESTS
DECORATED TABLES

11:30 for 12:00