

Classes with Danielle will commence from Mon 20th April, on offer are:

**Pre recorded** (YouTube Link will be sent)

YIN YOGA  
DANCE  
PILATES  
BARRE  
STRETCH  
YOGA FLOW

**Live through Zoom**

BARRE Tue 9.30-10.15am  
PILATES Thur 9.30-10.30am  
YOGA FLOW Fri 9.30-10.30am  
(\* this is not beginners, it is strong)

**Payment**

Payment will be required for 4 weeks up front.

You have 3 choices for class packs:

4 pack (1x class per week)

= \$60

8 pack (2x classes per week)

= \$96

12 pack (3x classes per week)= =\$120

The classes will commence the week of Mon 20th April.

Payments must be made prior to that date so I can cross check before sending classes.

(Ideally before Fri 17th of April)

**Important: I want to make the sure the Live Zoom class runs as smoothly as possible so please make sure you have had a practice and familiar with using it before joining the group Live Zoom class. (If you need a practice with that feel free to contact me prior to your first class so I can help you).**

**\*\* while classes are on please mute yourself so you can hear me clearly and the background noise does not disrupt.**

*See page 2 for step by step instructions on how to register and make payments*

1. Here is a form for you to select what classes/class packs you would like (class descriptions are attached to the bottom of the email)

Once you fill the below form i will receive your response

[https://docs.google.com/forms/d/e/1FAIpQLSfb\\_Qkk\\_vmeD4xQk\\_m2swzeA6m7hliMf187RWMgc0ezTfmHvQ/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSfb_Qkk_vmeD4xQk_m2swzeA6m7hliMf187RWMgc0ezTfmHvQ/viewform?usp=sf_link)

2. Here are my bank details to transfer funds (by 17th April)

DANIELLE BELLELI

BANKWEST

bsb: 302183

Acc no: 0186985

3. If you have signed up for PRE REC and your funds have come through: YouTube links will be sent to your email Monday 20th April (expect it around Midday)

if you have signed up for LIVE then you will receive another email once payment has gone through with your meeting ID and passwords for each class

If for some reason you don't get the links sent through for pre-recorded just get in contact with me at any time.

\*Please note that Pre-recorded classes will be sent to you each Monday and you are welcome to do them any time that suits you (please note that pre-recorded classes will expire after 1 week) but don't worry you will be getting a new class sent to you each week

#### NEW TO ZOOM?

If you are new to Zoom here is a step by step instruction

1. <https://zoom.us>

2. top right hands side in blue will read "JOIN A MEETING" (you do not have to sign up)

3. Enter Meedting ID

4. Allow browser to run Zoom

5. Voila you should be in the meeting. (i have to allow you into the meeting so if you are early it may not put you straight into the meeting)

6. On the bottom left hand corner there is a Microphone icon and a Camera Icon so please make sure that the Camera Icon is ON and while the class is on the Microphone will be on MUTE (unless you want to ask me a question)

7. Enjoy a workout with ME :)

Please please please do not hesitate to contact me if you are having trouble with zoom, i want to make this a great and smooth experinece for all of us

**LASTLY**... I am so excited to finish with this admin and get straight into connecting with you and delivering awesome workouts

Lots of Love

Danielle Belleli

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