



## Welcome Back

Welcome back to the Coast Centre for another year long program filled with fun, friends and fitness. Classes resume this month or early February. Have a look at the table and pick any or all! We are also thinking about doing a number of other things if there are enough people to join in. Have a look at the list at the bottom of the page and let us know

The pick of these suggestions is a trip to Canberra in early March to visit the Renaissance Exhibition. Numbers will be limited so don't delay and let us know if you'd like to go.



Thursday  
March 8

Cost is \$65 and includes return coach travel to the National Gallery in Canberra and Exhibition

Visit the Renaissance Exhibition at the National Gallery

A coach will leave Maroubra, outside Juniors at the Junction, cnr Anzac Parade and Haig Street at 8am returning by 6pm

Our timed entry tickets are for 12noon

Only 50 seats

9311 4886

Bring a picnic...

## Are you interested ??

The Centre may be able to organise some of the following, if there are enough people. If you are interested in any of these activities please let us know. Tell us in person, or call us, drop us a line or email:

manager@coastcentre.org.au

1. How to budget using your computer
2. How to play Backgammon
3. Bus trip to Wilberforce

## Some special events in 2012

- February** Tuesday 21st - Welcome back BBQ  
**March** Thursday 8th - Trip to Renaissance Exhibit  
**March** Wednesday 28th - Trip to beautiful Berry  
**May** Monday 28th - Annual Concert  
**July** Tuesday 24th - Christmas in July BBQ

Mother Goose presents  
**Old King Cole's Garden Party**  
 rated PG

A new play directed by Joy Hruby  
**Premieres: Sunday, 19 February**  
 at 2pm at the Little Bay Cottage Theatre, corner Pine Ave and Ewing Avenue

Tickets from Coast Centre's Reception  
 \$12 (\$5 conc) tea/coffee + bikkies included  
 Telephone: 9311 4886  
 Email: manager@coastcentre.org.au  
 www.coastcentre.org.au

## Computer Classes in February

Monday	
6th	9:30-11:30 Intermediate Windows 7 - 1 of 4 12:00-2:00 Computer Club
13th	9:30-11:30 Intermediate Windows 7 - 2 of 4 12-2:00 Apple Tuition: iPhone-iPad-iMac
20th	9:30-11:30 Intermediate Windows 7 - 3 of 4 12:00-2:00 Computer Club
27th	9:30-11:30 Intermediate Windows 7 - 4 of 4 12-2:00 Apple Tuition: iPhone-iPad-iMac
Wednesday	
8th	9:30-11:30 Photoshop Elements / Digital Photography 1 of 4 12:00-2:00 Microsoft Office : Word - Excel - Powerpoint 1 of 3
15th	9:30-11:30 Photoshop Elements / Digital Photography 2 of 4 12:00-2:00 Microsoft Office : Word - Excel - Powerpoint 1 of 3
22nd	9:30-11:30 Photoshop Elements / Digital Photography 3 of 4 12:00-2:00 Microsoft Office : Word - Excel - Powerpoint 1 of 3
29th	9:30-11:30 Photoshop Elements / Digital Photography 4 of 4 12:00-2:00 Microsoft Office : Word - Excel - Powerpoint 1 of 3

- August** Monday 27th - Fashion Parade  
**September** Wednesday 19th - Tiptoe to Bowral  
**October** Sunday 21st - Art Fair and Open Day  
**November** Tuesday 6th - Mad Hatters Day

**Come with us and have some fun...**



### Rising Costs

The Centre is now a totally independent organisation. It has 99 year leases on two properties and over 760 members. During 2011 the Centre's program grew to over 46 classes with a total attendance of more than 22,000.

Since moving to Ward 3 in 2008, a number of significant changes have occurred. Landcom have left the Prince Henry site entirely and CCS has gained an additional building. These two changes combined have added approximately \$10,000 p.a. to the Centre's expenses.

In 2008 total expenses were \$117k with Income sitting at \$147k. In 2011 total expenses were \$175k with Income sitting at \$174k.

In addition to new costs for the new building, increases have also been incurred in building maintenance and repairs, water, power, cleaning, telephones, internet, printing, lawns and wages. The Centre has been able to cover these increases by leasing space after hours.

However further cost rises are on the horizon. Fair Work Australia is deliberating on increases to the Social and Community Services Award for employees in the health and social welfare sector, fees for professional instruction are also rising (dancing, fitness and computer). The cost of power and water is also expected to rise.

The Management Committee is addressing these issues and will make recommendations to members on the best strategies available. If members would like to provide feedback please contact a committee member or speak to Linda, the Manager.

## LEARN ITALIAN! 10 WEEK COURSE FOR BEGINNERS

*\$4 per class* **Italian  
for  
Beginners** *Lisa Law  
Instructor*

*Every Wednesday  
11:30 - 12:30*

### Indoor Bowls

*The Centre has a brand new Indoor Bowls Carpet. This lovely new marked out mat is 45 feet long and 6 feet wide, big enough for players of all shapes and sizes.*

**Monday  
9:30 - 11:00  
\$4**

*Indoor Bowls is a great exercise for everyone. No heavy lifting, jumping or heaving, just gentle movements for all your joints and muscles. Perfect exercise and lots of fun.*



## Social Dancing for Seniors

*Dances such as the waltz,  
cha-cha plus tango and fox trotting...  
come along and join in the fun.  
Fridays - 11 am - 1 pm*

*Instructors \$4 per  
Earl & Mauria session.*

*\$4 per session*

### Creative Writing

**Creative Writing is great for the soul and brain.**

**Mondays 1:00 - 2:30**

No experience needed. Everyone has stories to talk about and write down. Write what you've always wanted to say about your life. Stories for your family and grandchildren. Group leader is a professional writer, Rivka Hartmann.

The Centre thanks Chhong Taing, Pharmacist at the Little Bay Pharmacy, 1405 Anzac Parade for providing us with 3 beautiful gift vouchers. The vouchers were presented to the "Glitter Sisters", Jan Maguire, Margaret Thornton and Desley Haggett for delighting everyone at the End of Year luncheon.

**2012  
Membership Fees  
are due now...  
\$15 per annum**