

news sheet

leisure & learning activities for over 55s

November 2010

END-OF-YEAR LUNCHEON

Date: Monday 13 December

Location: Maroubra RSL Bowling Club, cnr Mons Avenue & Malabar Road, Maroubra Beach

Time: from 12noon

Cost: \$36 per member



The Clayton's Christmas Hamper

Three Course Lunch:

Entrée—Smoked Salmon or Teriyaki Chicken

Main—Roast Tuckey or Grilled Perch

Dessert—Plum Pudding or Cointreau Fruits

Menu selection and pre-payment are essential with your booking as numbers are limited, so be quick! There will again be a prize for the best decorated table and, despite this is not a "Christmas" luncheon, donations for the Christmas Hamper are welcome.

HARVEY EXTON AWARD 2010

Members and tutors of the Centre are now invited to submit nominations for this award which is based on the contribution of a member to the class they attend or benefit they have derived from participating in a class. Nomination forms are available from the office, and the closing date is 26 November. The winner will be presented with the award at the End-of-Year Luncheon on 13 December.

JP SERVICE

Any member needing a Justice of the Peace may be interested to know that fellow member Judith Bullivant is available. Contact the office for details.

WHAT'S ON NEXT?...

8 Nov	Drovers Camp Day Trip
8 Nov	Prince of Wales Hospital Healthy Ageing Forum
13 Dec	End-of-Year Luncheon

OPEN DAY 2010

Congratulations to everyone who played a part in making Open Day, held on 25 October, a great success. This included volunteers, stall holders, staff and the NSW Police Band! Despite the rain, some 250 people came through the doors with over \$3,000 being raised for the Centre. This is up 100% on Open Day 2009!



Ward 3, Curie Avenue, Prince Henry at Little Bay

Tel: (02) 9311 4886; Fax: (02) 9311 4776

Hours: 9am to 3pm, Monday to Friday

FILMS, TEA & CHAT—FAVOURITES

Films, Tea & Chat continue to be popular, so join us on Fridays at 10am in the Computer Lounge. \$5 includes morning tea. Convenor: Geoff Gardiner.

5 Nov—*To Kill a Mockingbird*, starring Gregory Peck

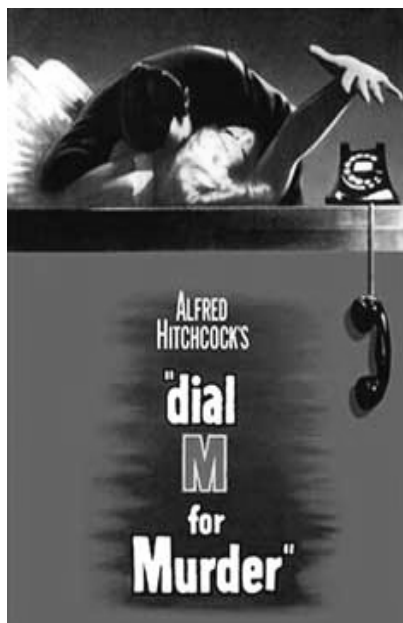
12 Nov—*One of My Wives is Missing*, starring Jack Klugman & Elizabeth Ashley

19 Nov—*Witness for the Prosecution*, starring Tyrone Power & Marlene Dietrich

26 Nov—*Dial M for Murder*, starring Ray Milland, Grace Kelly & Robert Cummings

3 Dec—*The Quiet Man*, starring John Wayne & Maureen O'Hara

10 Dec—*All of Me*, starring Steve Martin.



OH&S

The Centre's Occupational Health & Safety Book is located in the entry foyer. This book is for members' convenience so please feel free to record your comments or report any problems.

NEW CLASSES FOR 2011

MEN'S COOKING — It is hoped that we can present this course again for those men who would like to learn the basic procedures involved in preparing and cooking simple, nutritious meals.

FIRST AID FOR SENIORS — Would you know what to do if someone suddenly collapsed or suffered a serious burn or was bleeding badly? We have a suitably qualified instructor available to present a first aid course that would equip you to meet such challenges. It is possible that we could present a course in CPR if that is what some people want. The cost will be far less than you would pay elsewhere for such a course. We are taking expressions of interest for early in 2011.

PHOTOGRAPHY — New photography classes will run again in 2011. These cover everything from how a camera works, composition and digital enhancements. Cost is \$60 for six hours over three weeks. Please leave your name at the office if you would like to take part in any of these new classes.

FREE INTERNET ACCESS & TUITION

This service is available to members on Tuesdays and Thursdays from 10am-3pm or on Fridays from 1pm-3pm.

Please leave your name at the office to reserve your place.

POSTCARD GUESSING COMP

We are holding a Postcard Guessing Competition called "Where's Eunice?" this week. Find Eunice and win a prize! The postcards can be found on the display board in the hallway of the Centre.



CENTRE CLOSURE DATES

The Centre will be closed from Monday 20 December and will re-open on Monday 17 January 2011.