

newsletter

leisure & learning activities for over 55s

Spring 2010

HUNTER VALLEY DAY TRIP

There are still some places left for the day trip to the *Drovers Camp* at Branxton in the Hunter Valley on **Monday 8 November**. The day will consist of a camp oven-cooked main meal and there will be a one-hour floor show by 'The Drover' plus a performance by the Drover's famous 'Singing Cattle Dogs' who will perform on stage, followed by tea and coffee.

The bus will depart from Maroubra RSL on Anzac Parade at 8:30am, and will leave the Drover's Camp at approximately 2:30pm to arrive home by 5:30pm. The cost is \$62 per person. To reserve your seat contact the office on 9311 4886 by **Wednesday 27 October**.



WHAT'S ON NEXT?...



PHOTO: End-of-Year Function '09

25 Oct	Open Day
8 Nov	Drovers Camp Day Trip
8 Nov	POWH Healthy Ageing Forum
13 Dec	End-of-Year Luncheon

HARVEY EXTON AWARD

Members and tutors are invited to submit nominations for this award, which is presented annually, at the end-of-year luncheon. The award is based on the contribution a member has made to their class or the benefit they have derived from participation in the class. Nomination forms are available from the office. The closing date for nominations is 26 November.

COAST CENTRE MEMBER HONOURED

David Cohen has been honoured for services to the community with a Medal of the Order of Australia. The award was in recognition of David's provision of honorary accounting services to a range of church and community groups over a number of years. David is a former member of our singing group and also served on the Management Committee, including a term as Secretary. Congratulations, David!

END-OF-YEAR LUNCHEON

This year's End-of-Year Luncheon will again be held at the Maroubra RSL Bowling Club (cnr Mons Avenue & Maroubra Road) on Monday 13 December from 12noon.

Menu selection and pre-payment are essential with your booking as numbers are limited. Lunch will be a three course meal for \$36 per person.

Again, there will be a prize for the best decorated table. Donations for the Christmas hamper are welcome.



A WORD FROM THE PRESIDENT

At long last we have signed a 99-year lease with Landcom for the use of the Ward 3 and Hills Theatre buildings, at a nominal rental of \$400 per year. However, as tenants, we now assume responsibility for the upkeep of the interior of these buildings, including periodic painting, and replacement of floor coverings. This will entail considerable expense. In order to meet these future expenses we are hiring out our premises after hours to dancing and fitness classes.

The long-promised additional building on the site of the former Nurses Dining Hall may be a little closer to fruition. At last report, the amended plans were awaiting approval by Randwick Council, and Landcom has called for tenders. This building is intended for our sporting and dancing classes (it will have a wooden floor) and should take some of the wear and tear from Ward 3.

Following the Annual General Meeting, several new members will join the Management Committee. We welcome these new faces and look forward to their contribution to discussions. The position of Secretary was not filled, and your Committee will endeavour to appoint a suitable person to fill this important role.

As we approach the end of the year it is pleasing to note that participation in classes has shown a steady growth over 2010, which is a tribute to the excellent work of our tutors. We are always happy to start new classes, so if you have a particular skill or interest we would like to hear from you. If, on the other hand, your talents do not lend themselves to tutoring, but you would like to help in some other way, why not enquire about having your name added to the list of volunteers who help out when there are various jobs to be done? Better still, ask about joining the Assistance Group so that you may help us with the running of barbecues and other functions.

Early as it is, since this is the last Newsletter for 2010, I would like to take this opportunity to wish everyone the compliments of the festive season. Have a happy and safe holiday period so that we will see you all refreshed and ready to face the challenges of the New Year.

Don Kerr, President

FASHION PARADE

Spring was in the air at the Coast Centre on 25 August as a bevy of our finest models showed off the latest fashions from *Queenspark* to an appreciative audience of nearly 100 members and visitors. Daywear, eveningwear and sportswear were on show and those lucky enough to attend received generous discount vouchers for their next purchases at *Queenspark* stores.

Our Assistance Group provided a well-received morning tea of tea/coffee and cakes. The event raised well over \$500 for the Coast Centre.

Thank you to all those who gave up their time to ensure the success of this event, and particularly to Judy Pearson, who organized the day.



Fashion and front row seats!



CENTRE CLOSURE DATES

The Centre will be closed from Monday 20 December and will re-open on Monday 17 January 2011.

Spring 2010

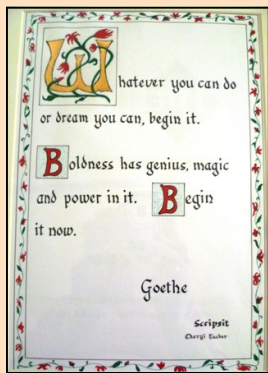
CHRISTMAS-IN-JULY BUS TRIP

Back in July, a cheerful group of Centre day trippers travelled by bus to Windsor, where they boarded a paddle wheeler for a Christmas luncheon on the Hawkesbury River. Fortunately the threatening weather held off until the trip home. Our Tour Director, Rosemary Bennett, reports that everyone enjoyed the Captain's commentary and history talk, as well as the delicious lunch and the entertainment that was provided. All entered into the spirit of things and were not shy about joining in, with our line dancers leading the way. Everyone agreed it was an enjoyable day and are eagerly looking forward to the next outing. This will take the form of a visit to the *Drovers Camp* at Branxton on 8 November.

CLASS FOCUS: CALLIGRAPHY

Calligraphy is a type of visual art. It is often called the art of fancy lettering. A contemporary definition of calligraphic practice is "the art of giving form to signs in an expressive, harmonious and skilful manner" (Mediavilla 1996).

The Centre has a dedicated and accomplished Calligraphy class flourishing under the guidance of teacher Arthur Eastwood. Classes are held every Tuesday from 10am til 12noon. Students work on modern calligraphy ranging from functional hand-lettered inscriptions and designs to fine art pieces. For more information please contact the office on 9311 4886.



Calligraphy by Cheryl Tucker

ANNUAL GENERAL MEETING

Some sixty members were in attendance on 13 September for our Annual General Meeting, where we were pleased to welcome our honorary auditor, Brian Keane. The Annual Report presented at the meeting indicated that participation in the activities organised for members is increasing, and our financial position is very sound. A lease has, at long last, been signed with Landcom. The following Management Committee was elected for 2010/11:

President: Don Kerr

Vice-president: Marlene Kerr

Secretary: (vacant)

Treasurer: Joe Fleming

Committee Members: Lee Barwick, Sue Bolous, Arthur Eastwood, Helen Fatouros, Judy Pearson, Malcolm Sullivan.

The meeting resolved that a portrait of Olga Anderson be hung in the foyer of Ward 3 in recognition of her services to the Coast Centre.

NEW CLASSES FOR 2011

MEN'S COOKING — It is hoped that we can present this course again for those men who would like to learn the basic procedures involved in preparing and cooking simple, nutritious meals. This course is ideal for men who are living on their own or who would like to surprise their partners occasionally!

FIRST AID FOR SENIORS — Would you know what to do if someone suddenly collapsed or suffered a serious burn or was bleeding badly? We have a suitably qualified instructor available to present a first aid course that would equip you to meet such challenges. It is possible that we could present a course in CPR if that is what some people want. The cost will be far less than you would pay elsewhere for such a course. We are looking for expressions of interest for courses to run early in 2011.

PHOTOGRAPHY — New photography classes will run again in 2011. These cover everything from how a camera works, composition and digital enhancements. Cost is \$60 for six hours over three weeks. Please leave your name at the office if you would like to take part in any of these new classes.

