

Cooking Made Simple with Denise Byron

Learn how to cook 6 basic dishes that are good for your heart, brain and soul.

Starting 7 March 2011

Mondays from 11am to 12:30pm

\$10 each class or \$60 for six weeks —
payment in advance preferred.

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| Week 1 | Chicken Soup |
| Week 2 | Spaghetti Bolognese |
| Week 3 | Spanish Omelettes |
| Week 4 | Tangy Chicken Breasts |
| Week 5 | Fresh Fish perfectly grilled |
| Week 6 | Bread & Butter Pudding |

